

Nature Connection

Bushcraft
Environmental art
Nature Awareness &
Natural Leadership



Away days & Natural Leadership Training

A mixture of team-building action, training in nature connected leadership, foraging and nature awareness games to help you and your staff relax, be creative, re-connect, reflect, refresh, review, think creatively and collaborate effectively. Structured to your needs.

Bushcraft & environmental art

Activities & challenges that help you work with your natural passions, resources and talents while encouraging collaboration and communication. Day events, overnight tented camps in the woods, posh camping in 5 star yurts...or even, as we did for one event, stay at a five star hotel with a pillow menu!



Natural Musicians



Natural Musicians

Effective, fun icebreakers, community building, leadership and creative thinking tools - we work with voice, body and natural objects to create and share spontaneous musicality that connects people and place.

It's perfect training for outdoor educators!
NO need to travel - Can be done in your local park or green space. There's more info at: www.naturalmusicians.co.uk

Reviewing & visioning

Using found natural objects and tried & tested reviewing and visioning methods Chris helps your team see themselves, their issues and projects from different perspectives in order to learn, gain understanding, make plans and move forward with a fresh approach.



The Didgeridoo Man



Something completely different!

Didgeridoo ice-breakers and team building events for conferences, mergers and office parties - like drumming but more fun! Chris is nationally known for his excellent didgeridoo workshops & performance. Find out more at: www.thedidgeridoo.com

Foraging events

An adventure into the countryside or by the coast to gather edible wild food and cook up a feast in true hunter gatherer style! Suitable for groups up to 16.

The mental, physical and spiritual health benefits of **Vitamin N, Nature**, are increasingly well documented. Come and connect your business or team to nature with me, in all weathers, for reduced stress, improved health & communication, more creativity, productivity, natural leadership and satisfaction in the workplace. I look forward to planning an event with you soon. **Chris H**



Hi and thanks for taking a moment to read this brochure. Time is something we can all feel short of and added to that the stresses and strains of business, we put extra tension on both human relationships & planetary resources. Time in nature, however, helps people relax, be healthy, re-connect and re-charge.

As a Nature Connection guide I offer three interconnected streams of activity - the practical nature awareness, bushcraft & natural leadership skills; the Natural Musicians activities, and the Didgeridoo events. All three join together to form a powerful, subtle force for change, on the inside and the outside, for individuals and the organisations. I wonder what will serve you best?

Chris Holland, Director, Wholeland

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“Brilliant, absolutely brilliant.”

“Enjoyable, thorough, practical, interesting, educational and fun.”

“The morning with you was the highlight of the week. We loved every minute of it and will definitely do all we can to encourage our teams to engage with your special magic in future off-sites.”

"With gentle humour and wordsmithing skill Chris Holland leads you into a place of imaginative thoughtfulness and soulful smiles. His work comes from an understanding and relationship with the earth that opens the listener to the natural world. Always a delight!"

“When employees get a chance to play with ideas in nature, creativity blossoms.”

“Quite simply the best team day we have had in years.”

Previous clients include:

- Investec Bank PLC**
- BP**
- NHS**
- RSPB**
- The Eden Project**
- The British Museum**
- Devon County Council**
- National Parks Authority**
- Millfield School**
- South West Water**
- East Devon District Council**
- South Gloucestershire CC**
- ENDAS**
- SWGFL**



WHOLELAND
 nature connection

relax

re-connect

re-awaken

Away days, team building & training with added “Vitamin N”

For Businesses.
 For people & planet.
 For healthy, happy
 & empowered staff.